

# KINDNESS

## challenge

Share stationery,  
toys or games with  
your classmates.



# KINDNESS

## challenge

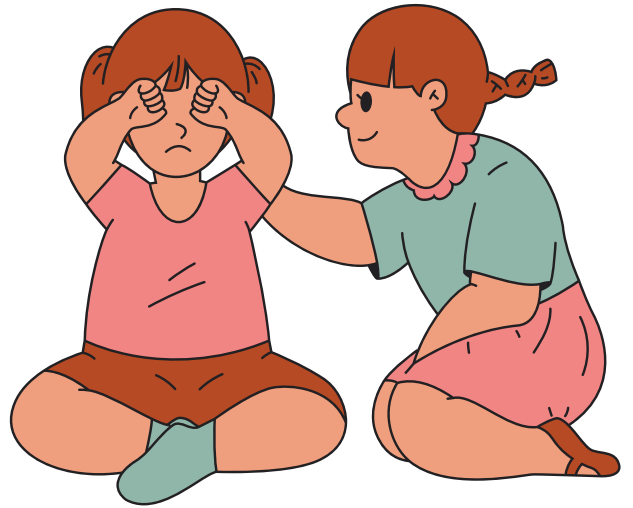
Smile, wave and  
acknowledge others  
as you pass them,



# KINDNESS

## challenge

Show kindness and compassion if you see someone hurt or upset.



# KINDNESS

## challenge

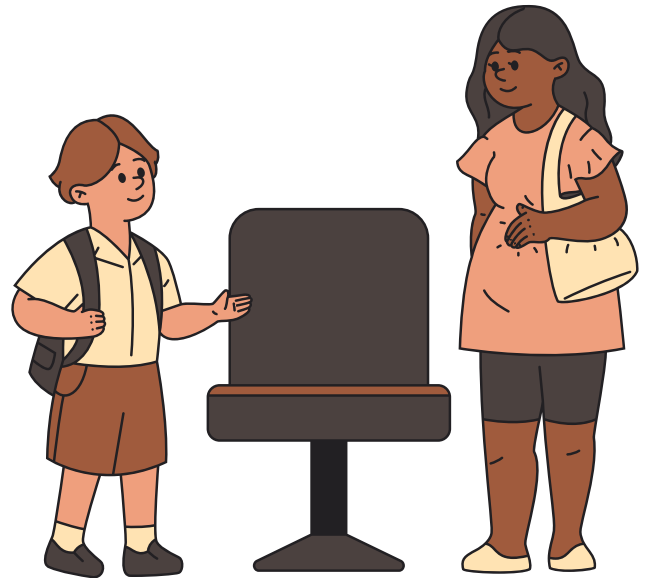
Offer to lend a hand to someone who needs some help.



# KINDNESS

## challenge

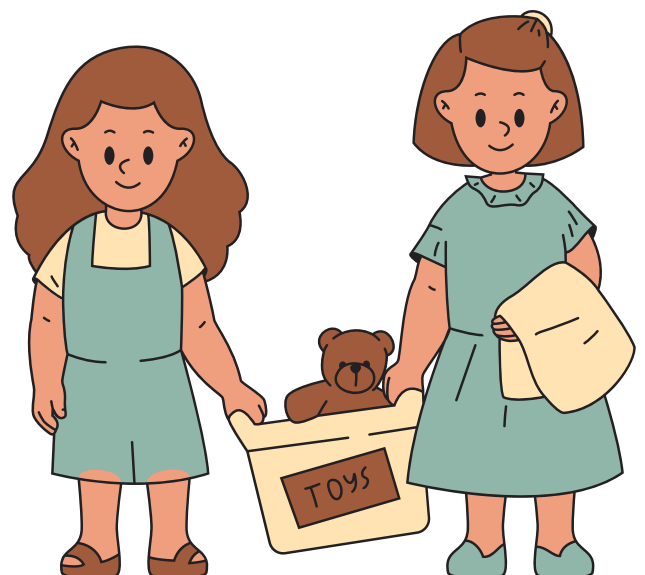
Offer your seat to another person who needs it more than you.



# KINDNESS

## challenge

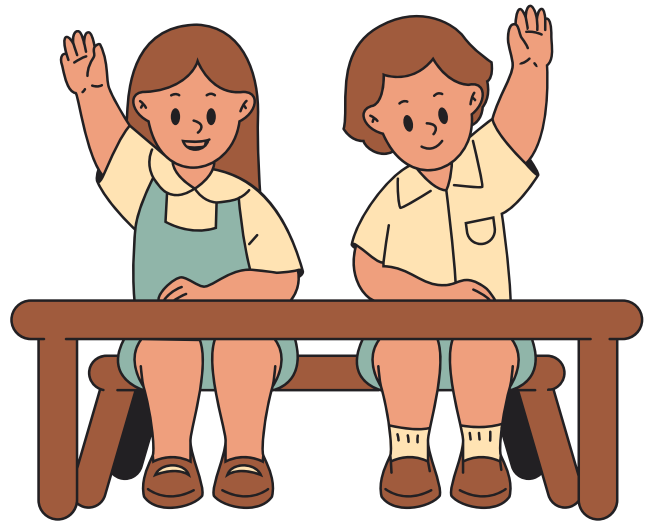
Help others with their jobs or chores or complete a task without being asked.



# KINDNESS

## challenge

Share and take  
turns with others.



# KINDNESS

## challenge

Take time to  
appreciate  
something beautiful  
and discuss it with a  
friend.

